

**Reimbursable Over-the-Counter Medications  
Under the Section 125 Plan**

Antacids  
Allergy medication  
Anti-diarrheal medication, laxatives  
Band-aids, bandages, gauze pads, first aid kits  
Bug bite medication  
Calamine lotion  
Cough drops, throat lozenges, sinus medication, nasal sinus spray  
Cold medication, pain reliever  
Cold/hot packs for injuries, crutches  
Contact lens solution, cleaners  
Carpal tunnel wrist supports  
Condoms, spermicidal foam  
Diaper rash ointment  
Eye products (such as Visine or saline wash)  
First aid creams and ointments, liquid adhesives, topical ointments  
Glucosamine/chondroitin for arthritis or other medical condition (requires doctor's statement)  
Health Club dues (requires a doctor's statement and must be to treat a disease, if the participant belonged to the health club before being diagnosed, then the dues would not be reimbursable)  
Hemorrhoid creams  
Incontinence supplies  
Joint/muscle pain medication  
Lactose intolerance pills  
Medicated shampoos and soaps (requires a doctor's statement)  
Menstrual cycle products for pain and cramp relief  
Motion sickness pills  
Nicotine gum or patches for stop-smoking purposes  
Nasal strips for snoring  
Orthopedic shoe inserts  
Over the counter hormone therapy and treatment for menopausal symptoms (hotflashes, night sweats, etc. – requires doctor's statement)  
Pedialyte for ill child's dehydration  
Pregnancy test kits  
Prenatal vitamins during pregnancy (requires doctor's statement)  
Reading glasses  
Rubbing alcohol  
Sleeping aids  
St John's Wort for depression (requires a doctor's statement)  
Suppositories  
Sunburn cream or ointment  
Supplements, vitamins or herbal treatments to treat medical condition (requires doctor's statement)  
Thermometers (ear or mouth)  
Wart remover treatments  
Weight loss drugs to treat medical condition or obesity (requires doctor's statement)

**Not Reimbursable:**

Chapped lip treatments  
Face creams, moisturizers, suntan lotions, and sunscreen  
Toiletries  
Toothbrushes, toothpaste  
Vitamins and supplements for maintaining general good health